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## **Wing Chun Warrior The True**

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Reading Ken Ing's Wing Chun Warrior, which chronicles Leung's Kung Fu escapades, will be a jarring revelation to anyone familiar with the manic but orderly and largely peaceful city of seven million people that is Hong Kong today. The city described by Ing is a place where Kung Fu practitioners wielded eight-chop knives in the streets and literally battled their way from

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to another to prove  
their fighting prowess.

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Leung was introduced  
to Wing Chun Kung Fu  
by his childhood friend,  
famed screen star  
Bruce Lee. At the age  
of 13, after the ritual of

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'three kneels, nine  
kowitz' in the  
traditional Sifu worship  
ceremony, he became  
the formal disciple of  
sixth-generation Wing  
Chun master Yip Man.

## **Wing Chun Warrior: The True Tales of Wing Chun Kung Fu**

...

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The True Tales of Kung  
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Leung, Bruce Lee's  
Fighting Companion.

## Read Book Wing Chun Warrior The

Duncan Leung was introduced to Wing Chun Kung Fu by his childhood friend, famed screen star Bruce Lee. At the age of 13, after the ritual of 'three kneels, nine kowtows' in the traditional Sifu worship ceremony, he became the formal disciple of sixth - generation Wing Chun master Yip Man.

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**Kung Fu Master**

**Duncan ...**

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Reading Ken Ing's Wing Chun Warrior, which chronicles Leung's Kung Fu escapades, will be a jarring revelation to anyone familiar with the manic but orderly and largely peaceful city of seven million people that is Hong Kong today.

### **Wing Chun Warrior**

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...

Warrior's Wing Chun  
Dummies are a 9"

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diameter 60" long

Laminated trunk  
engineered to last with  
choice of wooden and  
spring arms. ARMS:

Traditional Wing Chun  
Dummy arms with 1.5"  
x 1.5" arm peg. The  
two upper arm pegs  
are offset to the arm to  
allow user to flip and  
change from offset  
upper arms to level  
upper arms.

**Wing Chun Dummy,  
Mook Jong Wooden**



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**Wing Chun Warrior:  
The True ...**

Wing Chun for the modern warrior is for the person seeking unadulterated self-defense. In the real world, where fights start suddenly, in areas with bad footing, with potential for multiple attackers, surrounded by hard surfaces rather than mats, ropes or a cage to keep you safe, you need Wing Chun.

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**Wing Chun for the  
Modern Warrior:  
Korol, Jason ...**

Video is about one of  
the most common  
mistakes in wing chun  
wooden dummy  
practice. Please visit  
our Facebook page <https://www.facebook.com/Iron-Warrior...>

**Bong sao in wooden  
dummy**

Warrior Monk  
DESTROYS Me w Wing  
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## **Warrior Monk**

### **DESTROYS Me with Wing Chun in China**

Duncan Leung was introduced to Wing Chun Kung Fu by his childhood friend, famed screen star

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Bruce Lee. At the age of 13, after the ritual of 'three kneels, nine kowtows' in the traditional Sifu worship ceremony, he became the formal disciple of sixth-generation Wing Chun master Yip Man. Wing Chun Warrior: The True Tales of Wing Chun Kung Fu Master Duncan Leung, Bruce Lee's Fighting Companion (Paperback)

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**Wing Chun Warrior:  
The True Tales of  
Wing Chun Kung Fu**

Master Duncan  
Leung Bruce Lee's  
...  
Art Of The Warrior U.S.  
is based on the  
curriculum of Grand  
Master Martin

Hofmann, founded in  
2004. Martin Hofmann  
was born in 1966. His  
first contact with  
martial arts began in  
1981 with Karate. He  
changed to Wing Chun  
in 1986 and has been  
practicing the art since

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then with enormous  
passion and  
enthusiasm.

## **Art Of The Warrior U.S.**

Ng Mui, whose name means five plums, is the true founder of Wing Chun, although that credit is often attributed to her successor Yim Wing Chun, for whom the style is named. She was one of five elders in the Shaolin Temple

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and one of the most advanced in skill. While she lived at the temple she created a martial arts style called Plum Flower Fist.

## **Ng Mui | Wing Chun Michigan**

Wing Chun Warrior:  
Duncan Leung's True  
Fighting Episodes  
Bruce Lee's fighting  
companion, Yip Man's  
private student and  
formal disciple, founder  
of Applied Wing Chun,



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instructor to the FBI,  
Wing Chun Kung  
SWAT Teams and the  
Fu Master Duncan  
US Navy Seals.  
Includes stories of  
Bruce Lee's defeat and  
Yip Man's triumph, by  
Ken Ing MD This is NOT  
a comic book.  
Companion

## **Wing Chun Warrior | eWingChun**

Wing Chun Concepts  
Curriculum. The Wing  
Chun Concepts  
curriculum consists of  
three primary  
elements, Structural

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True Tales Of  
Development Forms, or  
Wing Chun Kung  
simply Forms, Reflex  
Fu Master Duncan  
Development Drills, or  
Drills, and Tactical  
Young Bruce Lee's  
Development Drills, or  
Fighting  
Tactics. There are also  
Companion  
two supplementary  
elements, Weapon  
Training and  
Equipment Training. All  
of the Wing Chun  
techniques are first  
learned from the Forms  
and Drills.

## **The Wing Chun Concepts Curriculum**

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And also of course, to have fun and to enjoy the journey in developing our own Wing Chun. I have trained with many top class martial arts instructors, and Master Sinclair is right up there at the top of the list, truly a world class Wing Chun Coach who can talk the talk and walk the walk. I highly recommend his Wing Chun Zoom sessions.

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